



49TH ANNUAL MEETING OF RESEARCH SOCIETY FOR THE STUDY OF DIABETES IN INDIA **RSSDI 2021** 11TH–14TH NOV, 2021

SCIENTIFIC PROGRAM



DR. BANSHI SABOO

President - RSSDI
Org. Chairman - RSSDI 2021



DR. CH. VASANTH KUMAR

President Elect - RSSDI
Scientific Chairman - RSSDI 2021



DR. SANJAY AGARWAL

Secretary - RSSDI
Org. Secretary - RSSDI 2021

◆ www.rssdi-2021.com

◆ +91 9099331348/49

◆ rssdinational2021@gmail.com



Click Here to Register



MMS Ahuja Hall			
12:00PM - 12:30PMRegistration & Login			
12:30PM - 02:30PMInauguration			
State-of-the-art Lectures 02:30PM - 03:25PM Chair Persons: Dr. Ajay Patwari (Dhanbad) Dr. P. Madhu (Hyderabad)	02:30PM - 02:50PM  Dr. Subhankar Chowdhury (Kolkata) Globesity and Mitochondrial Dysfunction... The Connect or Disconnect	02:55PM - 03:15PM  Dr. Krishna Seshadri (Chennai) Mitochondrial Modulators... New Age OHAs	03:15PM - 03:25PM  Discussion
	03:30PM - 03:50PM  Dr. Bipin Sethi (Hyderabad) Choosing the Right Oral Agent	03:55PM - 04:15PM  Dr. Sanjiv Shah (Mumbai) Resurgence of Interest in Pioglitazone: Do we need it in Current Era?	04:20PM - 04:40PM  Dr. Soumik Goswami (Kolkata) Latest Evidence of Acarbose in Diabetes Management
Therapeutic Symposium 03:30PM - 05:55PM Chair Persons: Dr. Avijit Rayzada (Bilaspur) Dr. Vipul Chavda (Ahmedabad)	04:45PM - 05:05PM  Dr. Tirthankar Chaudhary (Kolkata) Efficacy and Durability of Modern SUs	05:10PM - 05:30PM  Dr. J. J. Mukherjee (Kolkata) Place of other OADs in the Era of SGLT2 Inhibitors: Which, When & Why?	05:35PM - 05:55PM  Discussion
Diabetes Management 06:00PM - 07:25PM Chair Persons: Dr. Ripun Borzpurari (Sibsagar) Dr. Rajesh Deshmane (Kolhapur)	06:00PM - 06:20PM  Dr. P. V. Rao (Hyderabad) Gaps in Diabetes Care: Challenges and Solution	06:25PM - 06:45PM  Dr. Anil Bhoraskar (Mumbai) DM Treatment through the Ages: From Ancient Times to the Present	06:50PM - 07:10PM  Dr. Vinod Kumar (New Delhi) History of Diabetes in India
	07:10PM - 07:25PM  Discussion		
Keynote Lectures 07:30PM - 08:45PM Chair Persons: Dr. C. Munichoodappa (Bengaluru) Dr. Ritesh Gupta (New Delhi)	07:30PM - 08:00PM  Dr. Anoop Misra (New Delhi) How to Write a Research Paper?	08:00PM - 08:30PM  Dr. Paresh Dandona (USA) Adjunct Therapies in Type 1 Diabetes	08:30PM - 08:45PM  Discussion

Day 1:
11th November, 2021 (Thursday)



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STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH-14TH NOV, 2021

M. Vishwanathan Hall

12:00PM - 12:30PM

Registration & Login

12:30PM - 02:30PM

Inauguration in MMS Ahuja Hall

Less
Discussed
Complications

02:30PM - 03:55PM

Chair Persons:
TBD (TBD)
Dr. Sunil Dhand (Jaipur)

02:30PM - 02:50PM



Dr. Girish Mathur
(Kota)

Rheumatological
Manifestations of
Diabetes

02:55PM - 03:15PM



Dr. Anand Shankar
(Patna)

Managing infections
specific to Diabetes
Mellitus

03:20PM - 03:40PM



Dr. Ravi Shankar
(Hyderabad)

Sexual
Dysfunction in
Diabetes

03:45PM - 03:55PM



Discussion

Research
Grant Oral
Presentations

04:00PM - 05:55PM

Chair Persons:
Dr. Rajeev Chawla (New Delhi)
Dr. Sanjay Agarwal (Pune)

04:00PM - 04:15PM

Association of Asymptomatic bacterria/Pyuria
and urinary Heparin Binding protein with Obstric
outcome in estational diabetes mellitus

Dr. Sachidanand Adiga

04:20PM - 04:35PM

Assessment of Coxackie virus infection Lipase &
amylase in Paediatric Type 1 Diabetes

Dr. Swati Ahir Bist

04:40PM - 04:55PM

Association of single Nucleotide Polymorphism of Leptin
Gene with Metabolic Parameters in Gestational Diabetes
Mellitus (Association of Leptin Gene Polymorphism with
Metabolic Parameters in Gestational Diabetes Mellitus:
A Cross sectional study)

Dr. Usha S. Adiga

05:00PM - 05:15PM

Study of Glycation of protients by Sweeteners

Dr. Ahmed Ali

05:20PM - 05:35PM

Role of Circulating Lipocalin 2 in pathophysiology
of Metabolic syndrome

Dr. Sanjay Khattri

05:40PM - 05:55PM

Assessment of Endocrine Function in Males
with pre-diabetes

Dr. Ashish Agarwal

CGM
Symposium

06:00PM - 07:25PM

Chair Persons:
Dr. S. V. Kulkarni (Mumbai)
Dr. Y. S. N. Raju (Hyderabad)

06:00PM - 06:20PM



Dr. Jothydev Kesavadev
(Thiruvanthpuram)

Essential differences between
Real-Time CGM and
Intermittantly Scanned CGM

06:25PM - 06:45PM



Dr. Jaiprakash Sai
(Hyderabad)

CGM and Lifestyle
Modification in
Diabetes

06:50PM - 07:10PM



Dr. Vishal Kastawar
(Jabalpur)

Application of CGM and TIR
in Targeted Diabetes
Populations in India

07:10PM - 07:25PM



Discussion

IDF
Symposium

07:30PM - 08:45PM

Chair Persons:
Dr. N. Sudhakar Rao (Hyderabad)
Dr. Banshi Saboo (Ahmedabad)

07:30PM - 08:00PM



Dr. Andrew Boulton
(UK)

Diabetes: The Growing
Pandemic

08:00PM - 08:30PM



Dr. Shashank Joshi
(Mumbai)

Diabetes and the Effect
of the COVID-19
Pandemic

08:30PM - 08:45PM



Discussion

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B. B. Tripathy Hall

12:00PM - 12:30PM

Registration & Login

12:30PM - 02:30PM

Inauguration in MMS Ahuja Hall

Diabetes and GI Dysfunction

02:30PM - 03:55PM

Chair Persons:
Dr. A. S. Sodhi (Moga)
Dr. Shruti Sheth (Ahmedabad)

02:30PM - 02:50PM



Dr. Rajesh Upadhyay
(New Delhi)

The Gut Diabetes Axis:
Liver, Gall Bladder, Gut
and Pancreas

02:55PM - 03:15PM



Dr. Parminder Singh
(Ludhiana)

Diabetic Gastroparesis
or Diabetic Dyspepsia

03:20PM - 03:40PM



Dr. Jasjit Wasir
(New Delhi)

Chronic Diarrhoea in a
patient with Diabetes:
How to Evaluate?

03:45PM - 03:55PM



Discussion

Mixed Bag

04:00PM - 05:55PM

Chair Persons:
Dr. Prity Ahuja (Kanpur)
Dr. Deepak Chudasama
(Junagadh)

04:00PM - 04:20PM



Dr. Arvind Gupta
(Jaipur)

Pre Diabetes: A Window of
Opportunity

04:20PM - 04:40PM



Dr. Nitin Kapoor
(Vellore)

Methods to Control Appetite in
Patients with Diabetes: A Clinical
Perspective

04:40PM - 05:00PM



Dr. Arun R.
(Chennai)

The Non-Compliant
Patient: Can we help?

05:00PM - 05:20PM



Dr. Mangesh Tiwaskar
(Mumbai)

Diabetes & Vaccination

05:20PM - 05:40PM



Dr. H. B. Chandalia
(Mumbai)

Score the Goal - An expert's
approach Improving Glycemic
Control in the Pandemic era

05:40PM - 05:55PM



Discussion

Prevention Symposium

06:00PM - 07:25PM

Chair Persons:
Dr. Mythili (Vizag)
Dr. Girish Khurana (New Delhi)

06:00PM - 06:20PM



Dr. Bharat Panigrahy
(Bhubaneswar)

Prediction and
Prevention of Type 1
Diabetes

06:25PM - 06:45PM



Dr. D. C. Thirupathi Rao
(Hyderabad)

Primary Prevention of
Type 2 Diabetes

06:50PM - 07:10PM



Dr. Rajesh Rajput
(Rohtak)

Is Prevention of GDM
Possible?

07:10PM - 07:25PM



Discussion

Keynote Lectures

07:30PM - 08:45PM

Chair Persons:
Dr. G. C. Reddy (Hyderabad)
Dr. Suranjit Baruah (Guwahati)

07:30PM - 08:00PM



Dr. V. Seshiah
(Chennai)

All Life Course Event are
Programmed in Womb: Thus Spoke
Chanakya - The Visionary

08:00PM - 08:30PM



Dr. A. K. Das
(Puducherry)

Landmark Trials in Insulin:
Impacting Clinical Practice

08:30PM - 08:45PM



Discussion

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<div>Sam GP Moses Hall</div> <div>12:00PM - 12:30PMRegistration & Login</div>				
<div>12:30PM - 02:30PMInauguration in MMS Ahuja Hall</div>				
<div>Managing Diabetes in different Stages of Life</div> <div>02:30PM - 03:55PM</div> <div>Chair Persons: Dr. S. Rajarao (Hyderabad) Dr. Vishal Chopra (Mumbai)</div>	<div>02:30PM - 02:50PM</div> <div></div> <div>Dr. A. Bhavatharini (Erode)</div> <div>Diabetes Diagnosed in Early Pregnancy</div>	<div>02:55PM - 03:15PM</div> <div></div> <div>Dr. Ashutosh Chaturvedi (Jaipur)</div> <div>Diabetes in Elderly: Do's and Don'ts</div>	<div>03:20PM - 03:40PM</div> <div></div> <div>Dr. Rohit Kapoor (Amritsar)</div> <div>Adolescent Obese Type 2 Diabetes: A Growing Concern</div>	<div>03:45PM - 03:55PM</div> <div></div> <div>Discussion</div>
<div>Clinical Approach</div> <div>04:00PM - 05:55PM</div> <div>Chair Persons: Dr. Sydney D'souza (Bengaluru) Dr. Debmalya Bhuyan (Shilong)</div>	<div>04:00PM - 04:20PM</div> <div></div> <div>Dr. Raja Narayanan (Hyderabad)</div> <div>Approach to a Patient with Poor Vision with Diabetes</div>	<div>04:25PM - 04:45PM</div> <div></div> <div>Dr. Ritesh Kumar Agarwal (Bhubaneswar)</div> <div>Approach to a Patient with Diabetes with Irregular Menstrual Cycles</div>	<div>05:40PM - 05:55PM</div> <div></div> <div>Discussion</div>	
	<div>04:50PM - 05:10PM</div> <div></div> <div>Dr. Pravin Kalvit (Bilaspur)</div> <div>Approach to Patient with Anaemia in Diabetes</div>	<div>05:15PM - 05:35PM</div> <div></div> <div>Dr. Udai Lal (Hyderabad)</div> <div>Approach to Patient with Glycemic Variability</div>		
<div>Newer Therapies</div> <div>06:00PM - 07:25PM</div> <div>Chair Persons: Dr. Prabhat Kr. Agarwal (Agra) Dr. Amit Varma (Dehradun)</div>	<div>06:00PM - 06:20PM</div> <div></div> <div>Dr. Anant Nigam (Jaipur)</div> <div>Multifactorial Approach to Diabetes Management: Evidence with Once Weekly GLP-1 RA Dulaglutide</div>	<div>06:25PM - 06:45PM</div> <div></div> <div>Dr. Kamal Sharma (Ahmedabad)</div> <div>Decoding New Heart Failure Science: Where & How do I put Dapagliflozin in the Treatment Regimen</div>	<div>06:50PM - 07:10PM</div> <div></div> <div>Dr. Peter Lin (Canada)</div> <div>Dapagliflozin in CKD: An Established Option to Slow the Progression Early in the Disease Setting</div>	<div>07:10PM - 07:25PM</div> <div></div> <div>Discussion</div>
<div>Keynote Lectures</div> <div>07:30PM - 08:45PM</div> <div>Chair Persons: Dr. Sanjay Agarwal (Pune) Dr. Sanjay Reddy (Bengaluru)</div>	<div>07:30PM - 08:00PM</div> <div></div> <div>Dr. Kamlesh Khunti (UK)</div> <div>Simplifying Type 2 Diabetes Management to Improve Outcomes</div>	<div>08:00PM - 08:30PM</div> <div></div> <div>Dr. H. B. Chandalia (Mumbai)</div> <div>Minimising Hypoglycemia in Insulin Therapy</div>	<div>08:30PM - 08:45PM</div> <div></div> <div>Discussion</div>	

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Dr. O. P. Gupta Hall

12:00PM - 12:30PM

Registration & Login

12:30PM - 02:30PM

Inauguration in MMS Ahuja Hall

Warm up Session

02:30PM - 03:40PM

Chair Persons:
Dr. V. Chandrasekhar (Warangal)
Dr. Krishna Prashanthi (Tirupati)

02:30PM - 02:45PM



Dr. G. R. Sridhar
(Vizag)

Ectopic Fat: The Monster in the Closet

02:50PM - 03:05PM



Dr. A. H. Zargar
(Srinagar)

Gut Microbiota in Type 2 Diabetes

03:10PM - 03:25PM



Dr. Suresh Damodaran
(Coimbatore)

The Biology of Longevity and Ageing in Relation to Metabolic Diseases

03:25PM - 03:40PM



Discussion

Mixed Bag

03:45PM - 04:55PM

Chair Persons:
Dr. B. Gandheer (Hyderabad)
Dr. Jaydeep Khare (Bhopal)

03:45PM - 04:00PM



Dr. Vijay Vishwanathan
(Chennai)

Why do some Develop Diabetes Complications and others Don't?

04:05PM - 04:20PM



Dr. Srirang Akbari
(Hyderabad)

Life Expectancy in Diabetes: What do the Data Reveal?

04:25PM - 04:40PM



Dr. A. K. Jhingan
(New Delhi)

Novel Approaches on PPHG: Focus on Glinides

04:40PM - 04:55PM



Discussion

Clinical Case Seminar

05:00PM - 07:25PM

Chair Persons:
Dr. Ajay Tiwari (Lucknow)
Dr. Faraz Farishta (Hyderabad)

05:00PM - 05:20PM



Dr. Santosh Ramkrishnan
(Hyderabad)

Depression in a Patient with Diabetes

05:25PM - 05:45PM



Dr. Johnny Kannampilly
(Kochi)

A patient with severe diabetic neuropathy

05:50PM - 06:10PM



Dr. Manisha Sahay
(Hyderabad)

A patient with T2DM with CKD Stage IV-What beyond glycaemic control

06:15PM - 06:35PM



Dr. Amit Saraf
(Mumbai)

Asymptomatic Bactiriuria in a patient with Diabetes

06:40PM - 07:00PM



Dr. Sujoy Majumdar
(Kolkata)

Cardiac Autonomic Neuropathy: A Lesser Highlighted Aspect of Diabetes

07:00PM - 07:25PM



Discussion

Diabetes & Kidney

07:30PM - 08:45PM

Chair Persons:
Dr. Sudip Sarkar (Lucknow)
Dr. Ravindra Kivalkar (Pune)

07:30PM - 07:45PM



Dr. Siddharth Das
(Cuttack)

Proteinuric to Non-Proteinuric Nephropathy in DM: Paradigm Shift

07:50PM - 08:05PM



Dr. Kamlakar Tripathi
(Varanasi)

Halting the Progression of CKD in Diabetes

08:10PM - 08:25PM



Dr. Kalyan Kumar Gangopadhyay
(Kolkata)

The Vicious Circle of Diabetes, Heart Failure and Kidney Function

08:30PM - 08:45PM



Discussion



MMS Ahuja Hall				
02:00PM - 02:30PMRegistration & Login				
Endocrine Symposium 02:30PM - 03:55PM Chair Persons: Dr. Prabhat Pandey (Rajput) Dr. Dinesh Agarwal (Guwahati)	02:30PM - 02:50PM  Dr. A. G. Unnikrishnan (Pune) Thyroid and Diabetes - What are the Connections?	02:55PM - 03:15PM  Dr. Supratik Bhattacharyya (Kolkata) The Residual Risk Odyssey: From LDL to Lipoprotein(a)	03:20PM - 03:40PM  Dr. Altamash Shaikh (Mumbai) A Fragility Fracture in a Patient with diabetes: What next?	03:45PM - 03:55PM  Discussion
Clinical Insights 04:00PM - 05:55PM Chair Persons: Dr. Manorajan Behra (Cuttack) Dr. Sanjeeb Medhi (Guwahati)	04:00PM - 04:20PM  Dr. S. Arulraj (Tuticorin) The Legacy Effects in Diabetes Care	04:25PM - 04:45PM  Dr. Kamlesh Tiwary (Patna) Life style modifications for DM types	05:40PM - 05:55PM  Discussion	
	04:50PM - 05:10PM  Dr. R. M. Anjana (Chennai) Cluster Drug Responses	05:15PM - 05:35PM  Dr. S. V. Madhu (New Delhi) Diabetes related Vascular Complications in Pre-Diabetes		
Metformin Symposium 06:00PM - 07:25PM Chair Persons: Dr. Vinay Shekhar (Hyderabad) Dr. Manisha Deshmukh (Pune)	06:00PM - 06:20PM  Dr. Samar Banerjee (Kolkata) Metformin in GDM	06:25PM - 06:45PM  Dr. Anand Moses (Chennai) Metformin Controversies - A Review	06:50PM - 07:10PM  Dr. Anupam Prakash (New Delhi) 2 months post-CABG on Metformin comes with HF: What's Next?	07:10PM - 07:30PM  Discussion
Keynote Lectures 07:30PM - 08:45PM Chair Persons: Dr. Vipul Gupta (New Delhi) Dr. Sarita Behra (Bhubaneswar)	07:30PM - 08:00PM  Dr. C. S. Yajnik (Pune) Adiposity in Indian Babies: At birth and Later	08:00PM - 08:30PM  Dr. V. Mohan (Chennai) Reversal of Diabetes: How, When and for Whom?	08:30PM - 08:45PM  Discussion	



M. Vishwanathan Hall

02:00PM - 02:30PM

Registration & Login

Targeted
Approach

02:30PM - 03:55PM

Chair Persons:
Dr. Alok Gupta (Gorakhpur)
Dr. Venkata Lizama (Hyderabad)

02:30PM - 02:50PM



Dr. Sandeep Mathur
(Jaipur)

Role of Brain in Pathogenesis
of Diabetes and Brain as a
Target For Management

02:55PM - 03:15PM



Dr. Vijay Negalur
(Mumbai)

Role of Liver in
Pathogenesis of Diabetes
and Liver As A Target For
Mangement

03:20PM - 03:40PM



Dr. Sanjay Bhadada
(Chandigarh)

Role of Gut in Pathogenesis
of Diabetes and Gut As A
Target For Management

03:45PM - 03:55PM



Discussion

Liver
Symposium

04:00PM - 05:55PM

Chair Persons:
Dr. Sanjay Gandhi (Pune)
Dr. Amit Rajput (Jaigaon)

04:00PM - 04:20PM



Dr. S. K. Singh
(Varanasi)

Liver: An Endocrine Organ

04:25PM - 04:45PM



Dr. Shashi Panicker
(Jaipur)

Cardiovascular Complications of
NASH in People with Type 2 Diabetes

05:40PM - 05:55PM



Discussion

04:50PM - 05:10PM



Dr. Naval Vikram
(New Delhi)

Fatty Liver on Ultrasound:
What Next?

05:15PM - 05:55PM



Dr. Binayak Sinha
(Kolkata)

Oral Antidiabetics in
NAFLD

Newer
Therapies

06:00PM - 07:25PM

Chair Persons:
Dr. C. L. Nawal (Jaipur)
Dr. Ravi Muppidi (Hyderabad)

06:00PM - 06:20PM



Dr. A. K. Singh
(Kolkata)

Foundation of Cardio-Renal
Metabolic Care in Type 2
Diabetes: A Conemporary
Appriasal for SGLT2 Inhibition

06:25PM - 06:45PM



Dr. Hemant Thacker
(Mumbai)

Clinical Excellence in
Cardio-Renal Metabolic Care
in T2DM with a Harmonious
Blend of SGLT2i / DPP4i FDC

06:50PM - 07:10PM



Dr. Sanjay Kalra
(Karnal)

Can a Broad Range of
Patients with T2D benefit
from the Simplicity of
Linagliptin?

07:15PM - 07:25PM



Discussion

Keynote
Lectures

07:30PM - 08:45PM

Chair Persons:
Dr. Yousuf Khan (Hyderabad)
Dr. V. K. Bhardwaj (Jabalpur)

07:30PM - 08:00PM



Dr. Nikhil Tandon
(New Delhi)

Self monitoring of blood
glucose: Current evidence and
implications for clinical practice

08:00PM - 08:30PM



Dr. C. B. Sanjeevi
(Sweden)

Development of Type 1 Diabetes as a
complication of immunotherapy for
cancer using checkpoint inhibitor

08:30PM - 08:45PM



Discussion



B. B. Tripathy Hall

02:00PM - 02:30PMRegistration & Login

Oral Papers

02:30PM - 04:00PM

02:30PM - 02:40PM	Diabetes complications among patients from metropolitan versus non-metropolitan cities in India: 1 year results of LANDMARC	Dr. Sanjay Kalra
02:40PM - 02:50PM	Assessment of biochemical associates of endothelial function in prediabetes	Dr. Anupama Hegde
02:50PM - 03:00PM	Real-world effectiveness of Diabefly digital therapeutics program for improving glycemic control in people with Type 2 diabetes	Dr. Ritika Verma
03:00PM - 03:10PM	A combinatory approach of clinical and interacto-mics analysis to understand the role of NF-kB1 in Diabetic Nephropathy	Mr. Manoj Khokhar
03:10PM - 03:20PM	Glycemic Status at the Presentation and Its Role as Marker of Severity and Outcome in Patients with Organophosphorus Poisoning	Dr. Javaid A. Bhat
03:20PM - 03:30PM	Sphingolipids Analysis in Type 2 Diabetes Mellitus Patients with Cognitive Dysfunction through Targeted Lipidomics Approach: A Cross-Sectional Study from South India	Ms. Arpita Chakraborty
03:30PM - 03:40PM	Visceral adipose tissue Smad7 and miR-181b-5p possibly regulate insulin resistance in obesity	Dr. Dipayan Roy
03:40PM - 03:50PM	Real-world effectiveness of Diabefly-Pro digital therapeutics program for improving postprandial glycemic response in people with diabetes through personalized coaching	Dr. Arbinder Singal
03:30PM - 03:40PM	Rate of declining kidney function and its determinants among people with type 2 diabetes: 4 years’ observational study from South India	Dr. Arutselvi Devarajan

Type 1 Symposium

04:00PM - 05:55PM

Chair Persons:
Dr. G. D. Ramchandani (Kota)
Dr. Anil Gomber (New Delhi)

04:00PM - 04:20PM



Dr. Deepak Dalal
(Mumbai)

Current Trends in Management of Type 1 Diabetes

04:25PM - 04:45PM



Dr. Archana Sarda
(Aurangabad)

Empowering Communities and Families for Management of Type 1 Diabetes

04:50PM - 05:10PM



Dr. Alok Kanungo
(Bhubaneswar)

Managing Type 1 Diabetes in Yound Adult

05:15PM - 05:35PM



Dr. S. K. Sharma
(Jaipur)

Do Type 1 Patients behave differently in Long-term?

05:40PM - 05:55PM



Discussion

Keynote Lectures

06:00PM - 07:15PM

Chair Persons:
Dr. M. N. Shyamsundar (Hyderabad)
Dr. Rajesh Teli (Rajkot)

06:00PM - 06:30PM



Dr. Partha Kar
(UK)

Relevance of Data and Outcomes in Diabetes Care

06:30PM - 07:00PM



Dr. Pratik Chaudhary
(UK)

Single or Double Hormone Closed Loops? Burden v/s Benefit

07:00PM - 07:15PM



Discussion

Nonsteroidal MRAs: A New Chapter for the Management of CKD in T2DM

07:15PM - 08:45PMt

Chair Persons:
Dr. V. Ravindranath (Tiruchirappalli)
Dr. Anoop Misra (New Delhi)

07:15PM - 07:35PM



Dr. Shashank Joshi
(Mumbai)

Umet Needs in the Treatment of Diabetic Kidney Disease

07:40PM - 08:00PM



Dr. Peter Kolkhof
(Germany)

Mineralocorticoid-antagonists to Improve Outcomes

08:05PM - 08:25PM



Dr. Rajeev Agrawal
(USA)

Insights from the FIDELIO-DKD and FIGARO-DKD Trial

08:30PM - 08:45PM



Discussion

Day 2:
12th November, 2021 (Friday)







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Sam GP Moses Hall

02:00PM - 02:30PM Registration & Login

Diabetes & Lipids 02:30PM - 03:55PM Chair Persons: Dr. Alok Rai (Raipur) Dr. Harshada Kudalkar (Pune)	02:30PM - 02:50PM  Dr. S. N. Narsingan (Madurai) Dyslipidemia Management in 2021	02:55PM - 03:15PM  Dr. S. K. Wangnoo (New Delhi) Early & Goal based Treatment for Diabetic Dyslipidemia Patients - Choice of Statin Matters	03:20PM - 03:40PM  Dr. Shehla Shaikh (Mumbai) Managing the Link between DM and NAFLD - Role of dual PPAR agonists	03:45PM - 03:55PM  Discussion

Oral Papers 04:00PM - 06:00PM	04:00PM - 04:10PM	Plantar Temperature and Pressure Distribution in Subjects with Diabetes Mellitus and Chronic Charcot Arthropathy – A Case Control Study	Dr. Jinson Paul
	04:10PM - 04:20PM	A comprehensive study to assess the effect of metformin on changes in insulin resistance among women with Gestational Diabetes Mellitus (GDM)	Dr. Unnikrishnan K. Lijesh
	04:20PM - 04:30PM	Insulin sensitivity, islet cell function and incretin axis in pregnant women with and without gestational diabetes mellitus	Dr. Niya Narayanan
	04:30PM - 04:40PM	Risk of Arrythmia in Type 2 Diabetic mellitus in relation to glycemic control	Dr. Sangeetha GB
	04:40PM - 04:50PM	Diabetes Risk Score In Indian Population; Experience From Central India	Dr. Jaideep Khare
	04:50PM - 05:00PM	Incidence of euglycemic diabetic keto acidosis in hospitalized patients - an observational study	Dr. G Dalia
	05:00PM - 05:10PM	Characteristics of Indian Diabetic Mothers and their Neonates	Dr. Sayali Deshpande Joshi
	05:10PM - 05:20PM	Total Insulin Resistance Index to Risk-Stratify Dysglycemia and Define 'Pre-Prediabetes'	Dr. Suresh N. Shinde
	05:20PM - 05:30PM	A comparative study of fasting and postprandial lipid profile in type 2 diabetic patients for cardiovascular risk assessment	Dr. Vandana Sanjoy Mishra
	05:00PM - 05:10PM	A Study Of Male Hypogonadism And Its Correlation With Excess Body Weight In Type 2 Diabetes Mellitus	Dr. Geethu krishna P
	05:40PM - 05:50PM	Clinical, Biochemical and Radiological comparative study of hospitalised covid -19 patients with or without T2 DM single center, Retrospective, observational study	Sangappa A N
	05:50PM - 06:00PM	Ameliorating hyperglycaemia without the use of immunosuppressant through ectopic transplantation of biofabricated insulin producing neo-organs	Dr. Sandeep Kumar Vishwakarma

Diabetic Foot Symposium 06:00PM - 07:25PM Chair Persons: Dr. P. K. Biswas (Guwahati) Dr. Hemant Manjrekar (Pune)	06:00PM - 06:20PM  Dr. Z. G. Abbass (Tanzania) The Diabetic Foot wounds: Examination and Ulcer Assessment	06:25PM - 06:45PM  Dr. Sharad Pendsey (Nagpur) Revascularisation of small infrapopliteal vessels in diabetes	06:50PM - 07:10PM  Dr. Ghanshyam Goyal (Kolkata) Advances in the Management of Peripheral Artery Disease	07:15PM - 07:25PM  Discussion

Keynote Lectures 07:30PM - 08:45PM Chair Persons: Dr. Kandula Sai (Rajamudhry) Dr. S. Vijay Mohan	07:30PM - 08:00PM  Dr. A. Ramchandran (Chennai) Is Diabetes an inflammatory disease?-Biomarkers tell the story	08:00PM - 08:30PM  Dr. Guillermo Umpierrez (USA) 2021 American Diabetes Association update for management of Type 2 Diabetes	08:30PM - 08:45PM  Discussion







Dr. O. P. Gupta Hall

02:00PM - 02:30PM Registration & Login

Special Types of
Diabetes
02:30PM - 03:55PM

Chair Persons:
Dr. Kalyan Sengupta (Raipur)
Dr. Avanish Mehta (Vadodara)

02:30PM - 02:50PM	02:55PM - 03:15PM	03:20PM - 03:40PM	03:45PM - 03:55PM
			
Dr. R. V. Jayakumar (Kochi)	Dr. Sunil Kota (Berhampur)	Dr. Ranjit Unnikrishnan (Chennai)	Discussion
Secondary Diabetes: When to Suspect?	A Patient with Pancreatic Diabetes	Approach to Familial Diabetes in Young	

Diabetes &
Women
04:00PM - 06:55PM

Chair Persons:
Dr. Pranita A. (Pune)
Dr. Jayaprakash P. (Ernakulam)

04:00PM - 04:20PM	04:25PM - 04:45PM	04:50PM - 05:10PM	
			
Dr. Chitra Selvan (Bengaluru)	Dr. Mala Dharmalingam (Bengaluru)	Dr. Benny Negalur (Mumbai)	
Do we need a Gender Specific Approach in Management of Diabetes	Gestational Diabetes Mellitus: Window of Opportunity for Prevention of CVD	Managing Diabetes before Pregnancy and during Lactation	
05:15PM - 05:35PM	05:40PM - 06:00PM	06:05PM - 06:25PM	06:30PM - 06:55PM
			
Dr. Nanditha Arun (Chennai)	Dr. Sudha Vidyasagar (Manipal)	Dr. Sarita Bajaj (Prayagraj)	Discussion
CV Risk in Women with Diabetes: Is it mo	Complications of Diabetes: Usin the Gender Lens	Hyperglycemia in Pregnancy and Non Communicable Diseases: A Link	

Managing
In-hospital
Hyperglycemia
Symposium
07:00PM - 08:45PM

Chair Persons:
Dr. Asha N. Shah (Ahmedabad)
Dr. Dharmendra Panchal (Ahmedabad)

07:00PM - 07:20PM	07:25PM - 07:45PM	
		
Dr. Devya Saxena (Sonepat)	Dr. Navneet Agrawal (Gwalior)	
Hyperglycemia Management in Transplant Patients & Patients on Steriod	Hyperglycemia Management in Patients on Parenteral / Formula Entrenal Feeds	
07:50PM - 08:10PM	08:15PM - 08:35PM	08:35PM - 08:45PM
		
Dr. Sandeep Suri (Hisar)	Dr. Navneet Shah (Ahmedabad)	Discussion
Hyperglycemia Manage- ment in ICU	Hyperglycemia Management in Not-Critical Care Setting: Not Critical... Yet Critical	



Dr. V. S. Ajgaonkar Hall

Impact of ESC
2021 Guidelines
on Diagnosis and
Management of
HFrEf

02:00PM - 03:00PM

Panelists:



Dr. Abraham Oomman
(Chennai)



Dr. Mukesh Mehra
(New Delhi)



Dr. Altamash Shaikh
(Mumbai)

Fast Facts...
10 Slides 10
Minutes

02:00PM - 04:55PM

Chair Persons:
Dr. Ashok Jain (Dhar)
Dr. Arvind Iyer (Vadodra)

03:00PM - 03:10PM



Dr. J. K. Sharma
(New Delhi)

Role of C. Peptide
Estimation in T2DM:
When & How?

03:15PM - 03:25PM



Dr. Hemant Antani
(Anand)

Body composition
Analysis: How Important
for Clinician It is?

03:30PM - 03:40PM



Dr. Palaniappen
(Dindigul)

Diabetes Risk Scores:
Clinical Implications

03:45PM - 03:55PM



Dr. Rajnish Saxena
(Ajmer)

Foot Examination in
10 Minutes

04:00PM - 04:10PM



Dr. Sonali Patange
(Mumbai)

Estimating CV Risk in
DM: Use of Scoring
Systems

04:15PM - 04:25PM



Dr. Shachin Gupta
(Bhopal)

Insulin Resistance &
Thin Fat Indians

04:30PM - 04:40PM



Dr. Shefali Karkhanis
(Mumbai)

Gaps in Diabetes Care:
Challenges & Solutions

04:45PM - 04:55PM



Dr. Mohan Shenoy
(Thiruvanthpuram)

Social Media &
Apps: Pros & Cons

Monitoring
Symposium

05:00PM - 06:10PM

Chair Persons:
Dr. Sanjeev Gulati (Bhopal)
Dr. Deepak Chudasama
(Junagadh)

05:00PM - 05:20PM



Dr. B. M. Makkar
(New Delhi)

FDC combination of
Remogliflozin +
Vildagliptin + Metformin

05:25PM - 05:45PM



Dr. S. R. Aravind
(Bengaluru)

Glucocentric approach in the
era of Cardio-Renal outcome
studies - Lessons from
ADVANCE study

05:40PM - 06:00PM



Dr. Narayan Deogaonkar
(Nashik)

GLP-1 as an
Anti-Obesity Drug

06:00PM - 06:10PM



Discussion

Mixed Bag

06:15PM - 07:30PM

Chair Persons:
Dr. Shailesh Trivedi (Vadodra)
Dr. Sanjiv Indurkar (Aurangabad)

06:15PM - 06:30PM



Dr. A. Muruganathan
(Thirupur)

Diabetes & Hypertension

06:30PM - 06:45PM



Dr. Sudhir Bhandari
(Jaipur)

Beta Cell: Dysfunction to
Dedifferentiation

07:15PM - 07:30PM



Discussion

06:45PM - 07:00PM



Dr. Agam Vora
(Mumbai)

Diabetes & Immunity

07:00PM - 07:15PM



Dr. R. Guha Pradeepa
(Chennai)

Diabetes & Metabolic Disorders: Lessons
Learnt from ICMR-INDIAB Study

Oral Papers

07:30PM - 08:30PM

07:30PM - 07:40PM

Fat pancreas in a lean person -
a case of pancreatic lipomatosis

Dr. Pavithran S

07:40PM - 07:50PM

Importance of left ventricular global longitudinal
strain in COVID 19 patients with diabetes type 2
and heart failure

Dr. Naresh Sen

07:50PM - 08:00PM

Association of fasting heart rate with fasting and post
prandial blood glucose levels in Indians

Dr. Aniket Inamdar

08:00PM - 08:10PM

Current approach of integrated management with
allopathy and life style intervention in Indian
diabesity group

Dr. Naresh Sen

08:10PM - 08:20PM

Decode Fiber: An expert consensus on role of high
fiber in the management of T2DM and associated
conditions

Dr. Sanjay Kalra



MMS Ahuja Hall

M. Vishwanathan Oration
09:30AM - 10:00AM

Chair Persons:
Dr. Ch. Vasanth Kumar (Hyderabad)
Dr. A. Sundaram (Chennai)




Dr. Sujeet Jha
(New Delhi)

Diabetes in India:
Surveillance to Prevention

Sam GP Moses Oration
10:00AM - 10:30AM

Chair Persons:
Dr. B. M. Makkar (New Delhi)
Dr. Banshi Saboo (Ahmedabad)



Dr. Neeta Deshpande
(Belgaum)

My Tryst with Destiny:
Treatment to Reversal of
Diabetes & Metabolic
Disorders

M. M. S. Ahuja Oration
10:30AM - 11:00AM

Chair Persons:
Dr. Shashank Joshi (Mumbai)
Dr. Sunil Gupta (Nagpur)




Dr. Usha Sriram
(Chennai)

Women and Diabetes:
Myths, Misconception
and Realities

President's Oration
11:00AM - 11:30AM

Chair Persons:
Dr. Ch. Vasanth Kumar (Hyderabad)
Dr. Sanjay Agarwal (Pune)



Dr. Banshi Saboo
(Ahmedabad)

Diabetes care in India -
Where we were, should
be and will be?

Dr. MMS Ahuja Symposium
11:30AM - 12:45PM

Chair Persons:
Dr. Rajeev Chawla (New Delhi)
Dr. Shalini Jaggi (New Delhi)

<p>11:30AM - 11:45AM</p>  <p>Dr. Arutselvi Devarajan (Chennai)</p> <p>Heart Failure in People with Type 2 Diabetes v/s those without Diabetes - A Retrospective Observational Study from South India</p>	<p>11:45AM - 12:00PM</p>  <p>Dr. K. Maniknath Vivek</p> <p>Correlation of Severity of Diabetic Retinopathy with Subclinical Hypothyroidism and its Influence on Systolic and Diastolic Function on the Heart</p>	<p>12:00PM - 12:15PM</p>  <p>Dr. Rutul Gokalani (Ahmedabad)</p> <p>Impact of SGLT2 Inhibitors in Patients with T2DM with Asymptomatic Diastolic Dysfunction Diagnosed on Routine Echo</p>
<p>12:15PM - 12:30PM</p>  <p>Dr. Bharat Saboo (Indore)</p> <p>Correlation of Systolic and Diastolic (Symptomatic & Asymptomatic) with Microvascular Complications in T2DM</p>	<p>12:30PM - 12:45PM</p>  <p>Dr. Amit Kumar Dey (Kolkata)</p> <p>PREVALENCE OF LEFT VENTRICULAR DIASTOLIC DYSFUNCTION & ITS CORRELATION WITH GLYCEMIC CONTROL, BMI, LIPIDS, MICROALBUMINURIA IN PATIENTS WITH T2DM</p>	

Prof. VG Nadgouda Lecture
12:45PM - 01:15PM

Chair Persons:
Dr. Ashok Taneja (Gurgaon)
Dr. Mahadev Desai (Ahmedabad)



Dr. Sanjeev Phatak
(Ahmedabad)

BLUE INDEX-A motivational health score, our 3 year experience

01:15PM - 02:00PM

Lunch



Dr. B. B. Tripathy Symposium

02:00PM - 03:30PM

Chair Persons:
Dr. Anuj Maheshwari (Lucknow)
Dr. Sunil Gupta (Nagpur)

02:00PM - 02:15PM



Dr. Debasish Basu
(Kolkata)

Diabetes Education: Bridging the Gap

02:15PM - 02:30PM



Dr. Samuel Sathweek Rayapati
(Chennai)

Focusing Rural India for Diabetes Education

02:30PM - 02:45PM



Dr. Kavita Gupta
(Nagpur)

Hello Diabetes: A Role Model for Education and Creating Educators

02:45PM - 03:00PM



Dr. Aspi Irani
(Mumbai)

Empowering Children with Type 1 DM and their Caretakers

03:00PM - 03:15PM



Dr. Rajesh Jain
(Kanpur)

Implementing Awareness in Diabetes & Pregnancy

03:15PM - 03:30PM



Discussion

ARISE: Made for India Symposium

03:30PM - 05:00PM

Chair Persons:
Dr. Aakash Singh (Vadodara)
Dr. Abhyuday Verma (Indore)

03:30PM - 03:50PM



Dr. Rajiv Kovil
(Mumbai)

Realities & Real World Evidence: Clinical Relevance in the Management of Diabetes

03:50PM - 04:10PM



Dr. Om Lakhani
(Ahmedabad)

Beyond Clinical Trials: ARISE to the Delivery of TOTAL Control in tune with Indian Patient needs

04:50PM - 05:00PM



Discussion

04:10PM - 04:30PM



Dr. Sachin Chittawar
(Bhopal)

Flatter & Safer than ever before: The New Generation Basal Story

04:30PM - 04:50PM



Dr. Shalini Jaggi
(New Delhi)

Faster & Flexible: The Mealtime Insulin Revolution

Game Changer Talk Show

05:00PM - 06:00PM

Chair Persons:
Dr. Subhash Kumar (Patna)
Dr. Aarti Shahade (Aurangabad)

05:00PM - 05:20PM



Dr. Mithun Bhartia
(Guwahati)

Oral Semaglutide: The Scientific Marvel of the First Ever "Peptide in a Pill" from Lab to Life

05:20PM - 05:40PM



Dr. Manoj Chawla
(Mumbai)

Clinical Evidence of Oral Semaglutide: PIONEERING a New Era in Diabetes Management

05:40PM - 06:00PM



Dr. M. Shanmugavel
(Trichy)

Pleiotropic Effects of Oral Semaglutide beyond Glycemic Control

06:00PM - 07:00PM

Annual General Body Meeting in B. B. Tripathy Hall



Grand Finale: Kaun Banega Diabetes Ka Big Boss



13th November, 2021 (Saturday) | 07:00PM - 08:00PM

Moderator:
Dr. Snehal Tanna (Mumbai)

Chair Persons:
Dr. Anuj Maheshwari (Lucknow)
Dr. Manoj Chawla (Mumbai)



State Expert



Dr. Vijayakumar

Participants



Dr. Karthik



Dr. Sowmya



State Expert



Dr. Abhay Sahoo

Participants



Dr. Swayamsidha Mangaraj



Dr. Sunil Kota



State Expert



Dr. Shriram Mahadevan

Participants



Dr. V. Palanikumar



Dr. M. R. Warun Kumar



State Expert



Dr. Rakesh Sahay

Participants



Dr. KVS Hari Kumar



Dr. Nalini Kopalle



State Expert



Dr. Sujoy Ghosh

Participants



Dr. Sayantan Ray



Dr. Soumik Goswami










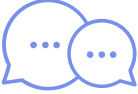








08:00PM - 11:00PM

Dinner

Day 3:
13th November, 2021 (Saturday)



49th ANNUAL MEETING OF
RESEARCH SOCIETY FOR THE
STUDY OF DIABETES IN INDIA
RSSDI 2021 11th-14th NOV, 2021

M. Vishwanathan Hall				
09:30AM - 11:30AM		Orations in MMS Ahuja Hall		
Diabetes & CV Risk 11:30AM - 01:00PM Chair Persons: Dr. Bhavesh Patel (Modasa) Dr. Devang Desai (Valsad)	11:30AM - 11:50AM  Dr. Shailaja Kale (Pune) ASCVD: Yes / No - Dilemma in Type 2 Diabetes Mellitus	11:55AM - 12:15PM  Dr. Aravinda Jagdeesha (Bengaluru) Measurement of CV Risk in Indian Type 2 Diabetes Patients	12:20PM - 12:40PM  Dr. N. K. Singh (Dhanbad) Strategies for CV Risk Reduction in Type 2 Diabetes	12:45PM - 01:00PM  Discussion
01:00PM - 02:00PM		Lunch		
Mixed Bag 02:00PM - 02:45PM Chair Persons: Dr. R. R. Singh (Jhansi) Dr. Rahul Taparia (Siliguri)	02:00PM - 02:20PM  Dr. Sujoy Ghosh (Kolkata) Role of Corneal Confocal Microscopy in Diabetic Neuropathy	02:20PM - 02:40PM  Dr. L. Sreenivasa Murthy (Bengaluru) OSMO Laser Technology: What's there for me in Clinical practice?	02:40PM - 02:45PM  Discussion	
Covid Cocktail Therapy 02:45PM - 03:30PM Chair Persons: Dr. Sandeep Desai (Valsad) Dr. Nihar Gedia (Surendranagar)	02:45PM - 03:05PM  Dr. Shashank Joshi (Mumbai) Managing Mild to Moderate Covid-19 in Diabetic Patients - A Case based Discussion	03:05PM - 03:25PM  Dr. Mithun Bhartia (Guwahati)	03:25PM - 03:30PM  Discussion	
Insulin Symposium 03:30PM - 04:45PM Chair Persons: Dr. Suresh Purohit (Mumbai) Dr. Dishank Patel (Vadodara)	03:30PM - 03:50PM  Dr. Sunil Gupta (Nagpur) 100 years of insulin innovation- Recognizing the role of Gen 2.0 basal in diabetes management	03:50PM - 04:10PM  Dr. Rajeev Chawla (New Delhi) Time in range: Clinical implications and role of Gen 2.0 basal	04:10PM - 04:30PM  Dr. Sanjay Agarwal (Pune) Basal insulin optimization approaches - over 2 decades in India	04:30PM - 04:45PM  Discussion
Obesity Symposium 04:45PM - 06:00PM Chair Persons: Dr. Deepak Chudasama (Junagadh) Dr. Subhojyoti Ghosh (Dibrugarh)	04:45PM - 05:05PM  Dr. Rucha Mehta (Ahmedabad) Different Therapeutic Diets for weight management : A Brainstorm	05:05PM - 05:25PM  Dr. B. M. Makkar (New Delhi) Medical management of Obesity: What are the Options?	05:25PM - 05:45PM  Dr. Bikas Bhattacharjee (Guwahati) Approach to Morbid Obesity in a Patient with Diabetes	05:45PM - 06:00PM  Discussion
06:00PM - 07:00PM		Annual General Body Meeting in B. B. Tripathy Hall		
07:00PM - 08:00PM		Grand Finale: Kaun Banega Diabetes Ka Big Boss in MMS Ahuja Hall		
08:00PM - 11:00PM		Dinner		

Day 3:
13th November, 2021 (Saturday)



49TH ANNUAL MEETING OF
RESEARCH SOCIETY FOR THE
STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH-14TH NOV, 2021

B. B. Tripathy Hall	
09:30AM - 11:30AM	Orations in MMS Ahuja Hall
Heart Failure 11:30AM - 01:00PM Chair Persons: Dr. Arun Kedia (Raipur) Dr. Avanish Mehta (Vadodara)	<div>11:30AM - 11:50AM  Dr. R. K. Lalwani (New Delhi) Optimizing Medical Management of Heart Failure in DM</div>
	<div>11:55AM - 12:15PM  Dr. Vinod Mittal (New Delhi) Landmark Trials in Heart Failure: DAPA-HF & EMPEROR-Reduced</div>
	<div>12:20PM - 12:40PM  Dr. Anil Kumar Virmani (Jamshedpur) Landmark Trials in Heart Failure with Preserved Ejection Fraction: DELIVER & EMPEROR-Preserved</div>
	<div>12:45PM - 01:00PM  Discussion</div>
01:00PM - 02:00PM	Lunch
Gliptin Symposium 02:00PM - 03:30PM Chair Persons: Dr. Arvind Iyer (Vadodara) Dr. Ishita Sachdev (Mumbai)	<div>02:00PM - 02:20PM  Dr. Tejas Shah (Mumbai) Early intensification of vildagliptine - b cell preservation</div>
	<div>02:20PM - 02:40PM  Dr. Pramod Gandhi (Nagpur) Examining the New Gliptin: Alogliptin</div>
	<div>02:40PM - 03:00PM  Dr. Sambit Das (Bhubaneswar) Evolving Gliptin: Evogliptin</div>
	<div>03:00PM - 03:15PM  Dr. Dakshata Padhye (Mumbai) Addressing Incretin defect in Early Stage of Diabetes: Indian perspective</div>
	<div>03:15PM - 03:30PM  Dr. Banshi Saboo (Ahmedabad) Teneligliptin: TIME IN RANGE Study</div>
Diabetes Care 03:30PM - 04:45PM Chair Persons: Dr. Sushil Patel (Vadodara) Dr. Malay Parekh (Rajkot)	<div>03:30PM - 03:50PM  Dr. Vijay Panikar (Mumbai) Statins+ACEi+Empagliflozin+ Liraglutide = Immortality??</div>
	<div>03:50PM - 04:10PM  Dr. Anuj Maheshwari (Lucknow) Type 2 Diabetes: Recent Clinical Trials Translating into Practice</div>
	<div>04:10PM - 04:30PM  Dr. G. Vijaykumar (Chennai) Postprandial Hyperglycemia and Postprandial Lipemia for CV risk revisited</div>
	<div>04:30PM - 04:45PM  Discussion</div>
Endocrine Symposium 04:45PM - 06:00PM Chair Persons: Dr. Viral Raj (Bharuch) Dr. Vijay Kumar K. (Bengaluru)	<div>04:45PM - 05:05PM  Dr. Abhay Sahoo (Bhubaneswar) Andropose in Diabetes</div>
	<div>05:05PM - 05:25PM  Dr. Manas Baruah (Guwahati) Diabetes & Testosterone: A Link</div>
	<div>05:25PM - 05:45PM  Dr. Ashu Rastogi (Chandigarh) Endocrinopathy in Diabetes</div>
	<div>05:45PM - 06:00PM  Discussion</div>
06:00PM - 07:00PM	Annual General Body Meeting
07:00PM - 08:00PM	Grand Finale: Kaun Banega Diabetes Ka Big Boss in MMS Ahuja Hall
08:00PM - 11:00PM	Dinner



Sam GP Moses Hall

09:30AM - 11:30AM

Orations in MMS Ahuja Hall

Quick Bytes

11:30AM - 12:55PM

Chair Persons:
Dr. Deepak Chudasama (Junagadh)
Dr. Mahira Kadri (Ahmedabad)

11:30AM - 11:45AM

Dr. Rakesh Parikh
(Jaipur)

Metabolic Syndrome - Is it still relevant?

11:45AM - 12:00PM

Dr. Amit Gupta
(Noida)

Paradoxes in Diabetes

12:00PM - 12:15PM

Dr. Meena Chhabra
(New Delhi)

Looking beyond HbA1c

12:15PM - 12:30PM

Dr. Parag Shah
(Ahmedabad)

Diabetes & Nutrition

12:30PM - 12:45PM

Dr. Pratap Jethwani
(Rajkot)

Real World Evidence v/s Clinical Trials: Impact on Decision Making

12:45PM - 12:55PM

Discussion

01:00PM - 02:00PM

Lunch

Diabetes Education

02:00PM - 03:00PM

Chair Persons:
Dr. Padmashri Gulati (Jhansi)
Dr. Swapnil Bhavsar (Surat)

02:00PM - 02:20PM

Dr. Vitul Gupta
(Bathinda)

Challenges in Diabetes Education

02:20PM - 02:40PM

Dr. Ch. Vasanth Kumar
(Hyderabad)

We are different and our Actions should be Different

02:40PM - 03:00PM

Dr. V. V. Ramakumar
(Guntur)

Diabetes, Stress and Humour

Diabetes & COVID-19

03:00PM - 04:30PM

Chair Persons:
Dr. B. K. Singh (Bihar)
Dr. Jawahar Agarwal (Raipur)

03:00PM - 03:20PM

Dr. Pradyumn Sharma
(Jaipur)

A C & D in Covid 19 Pandemic

03:20PM - 03:40PM

Dr. Urman Dhruv
(Ahmedabad)

Care of People with Diabetes post COVID-19 in Primary Care

03:40PM - 04:00PM

Dr. Jyotirmay Pal
(Kolkata)

Covid and Diabetes: What have we Learnt?

04:00PM - 04:20PM

Dr. Jayant Panda
(Cuttack)

Management of Hyperglycemia in Covid-19

04:20PM - 04:30PM

Discussion

Day 3:
13th November, 2021 (Saturday)



49TH ANNUAL MEETING OF
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 STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

Newer Therapies

04:30PM - 06:00PM

Chair Persons:
Dr. Alka Gandhi (Mumbai)
Dr. Nimi Mulwani (Ahmedabad)

04:30PM - 04:50PM



Dr. Purvi Chawla
 (Mumbai)

Evidence to experience: How to
 choose the right DPP4-I?

04:50PM - 05:10PM



Dr. Brij Mohan
 (Kanpur)

Appraisal of foundational evidence
 & place of SGLT2i

05:10PM - 05:30PM



Dr. Prakash Keshwani
 (Jaipur)

Optimizing Patient Care with
 Learnings from CVOTs

05:30PM - 05:50PM



Dr. Apurva Parekh
 (Ahmedabad)

Focus on the cardiorenal
 benefits of SGLT2 inhibitors

05:50PM - 06:00PM



Discussion

06:00PM - 07:00PM

Annual General Body Meeting

07:00PM - 08:00PM

Grand Finale: Kaun Banega Diabetes Ka Big Boss in MMS Ahuja Hall

08:00PM - 11:00PM

Dinner



Dr. O. P. Gupta Hall

09:30AM - 11:30AM

Orations in MMS Ahuja Hall

Diabetes Management

11:30AM - 01:00PM

Chair Persons:
Dr. R. K. Goenka (Bhubaneswar)
Dr. Rutul Gokalani (Ahmedabad)

11:30AM - 11:50AM



Dr. Yousuf Khan
(Hyderabad)

Organ Cross Talk: Implications
on Diabetes Management

11:50AM - 12:10PM



Dr. Lilly Rodrigues
(Hyderabad)

PCOS: Concerns in Midlife
and beyond

12:10PM - 12:30PM



Dr. Bijay Patni
(Kolkata)

Diabetes, Pre-Diabetes
& CVD Risk

12:30PM - 12:50PM



Dr. Arthur Asirvatham
(Madurai)

Novel Therapies for LDL
Cholesterol Reduction

12:50PM - 01:00PM



Discussion

01:00PM - 02:00PM

Lunch

Technology Symposium

02:00PM - 03:30PM

Chair Persons:
Dr. Y. Sadashiv Rao (Hyderabad)
Dr. Chintan Vyas (Anand)

02:00PM - 02:20PM



Dr. Manoj Chawla
(Mumbai)

Relevance of in Clinic
POCT in Pandemic

02:20PM - 02:40PM



Dr. Rajiv Kovil
(Mumbai)

Insulin Delivery Automation to
Improve Clinical Outcomes and
to reduce Patient Burden

02:40PM - 03:00PM



Dr. Minal Mohit
(Jaipur)

Comprehensive & Connected
Diabetes Care- Smart Phone
Based Glucometer

03:00PM - 03:20PM



Dr. Sunil M. Jain
(Indore)

Approach towards CGM
Interpretation: Is this the
new BGM ?

03:20PM - 03:30PM






Discussion

Day 3:
13th November, 2021 (Saturday)



49TH ANNUAL MEETING OF
RESEARCH SOCIETY FOR THE
STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

Paediatric Diabetes Symposium 03:30PM - 04:45PM Chair Persons: Dr. Maulik Kinnariwala (Ahmedabad) Ms. Vaishnavi Raval (Ahmedabad)	03:30PM - 03:50PM	03:50PM - 04:10PM	04:10PM - 04:30PM	04:30PM - 04:45PM
	 Dr. Dhruvi Hasnani (Ahmedabad) Managing Type 1 Diabetes in Challenging Situations	 Dr. Rishi Shukla (Kanpur) Technology Management of Type 1 Diabetes	 Ms. Smita Shah (Ahmedabad) A Practical Approach to Carb Counting	 Discussion

Topics of Special Interest 04:45PM - 06:00PM Chair Persons: Dr. Ajay Chabra (Ranchi) Dr. Sunil Mehta (Ahmedabad)	04:45PM - 05:00PM	05:00PM - 05:15PM	05:45PM - 06:00PM  Discussion
	 Dr. Manoj Saluja (Kota) Metformin: Ace or Amateur in the Armamentarium of Diabetes Management	 Dr. Swati Srivastav (Jaipur) Time in Range-Role in COVID care in patients with Diabetes	
	05:15PM - 05:30PM	05:30PM - 05:45PM	
	 Dr. Mahadev Desai (Ahmedabad) Strategies for Primary Prevention of Diabetes Complications	 Dr. Puneet Saxena (Jaipur) Ominous Octet and Mitochondrial Modulators	

06:00PM - 07:00PM

Annual General Body Meeting

07:00PM - 08:00PM

Grand Finale: Kaun Banega Diabetes Ka Big Boss in MMS Ahuja Hall

08:00PM - 11:00PM

Dinner



MMS Ahuja Hall

Insulin Symposium

08:45AM - 10:00AM

08:45AM - 09:00AM



Dr. Viraj Suvarna
(Bengaluru)

The first USFDA approved
Biosimilar and Interchangeable
Insulin Glargine

09:15AM - 09:45AM



Ms. Kiran Mazumdar Shaw
(Bengaluru)

Access to Diabetes care : Unlocking
Access to Insulins !!!

09:45AM - 10:00AM



Discussion

09:00AM - 09:15AM



Dr. Banshi Saboo
(Ahmedabad)



Dr. Sanjay Agarwal
(Pune)



Ms. Kiran Mazumdar Shaw
(Bengaluru)

Launch of T1DM Project

Debates

10:00AM - 12:30PM

10:00AM - 10:30AM

Is it Time to Let go of CVOTs?



Dr. Vidyut Shah
(Rajkot)

Yes



Dr. Anjali Bhatt
(Pune)

No

10:30AM - 11:00AM

Have we been unfair to the sulfonylureas?



Dr. K. N. Manohar
(Bengaluru)

Yes



Dr. Piyush Desai
(Surat)

No

11:00AM - 11:30AM

Measuring glycemic variability in clinical practice?



Dr. Pradeep Dalwadi
(Surat)

Useful



Dr. Sanjeet Jaiswal
(Raipur)

Not Useful

11:30AM - 12:00PM

Importance of Triglycerides Lowering in Preventing CVD



Dr. Dheeraj Kapoor
(New Delhi)

Important



Dr. Ashish Dengra
(Jabalpur)

Not really Important

Chair Persons:
Dr. B. B. Solanki (Ahmedabad)
Dr. Rikin Shah (Ahmedabad)

12:00PM - 12:30PM

Sever Hypoglycemia: Causal or Association for Increased CV Risk?



Dr. Sandeep Tak
(Jodhpur)

Yes



Dr. Ramesh Goyal
(Ahmedabad)

No

12:30PM - 01:00PM

Valedictory Function

01:00PM

Lunch

Day 4:
14th November, 2021 (Sunday)



49TH ANNUAL MEETING OF
 RESEARCH SOCIETY FOR THE
 STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

M. Vishwanathan Hall

Technology Symposium

10:00AM - 12:30PM

Chair Persons:
Dr. Jitendra Patel (Ahmedabad)
Dr. Raghu Satyanarayan
 (Ahmedabad)

10:00AM - 10:20AM



Dr. Vinay Dhandania
 (Ranchi)

Telemedicine in Diabetes

10:20AM - 10:40AM



Dr. Arun Shankar
 (Thiruvanthpuram)

Digital Diabetes Clinics -
 What is the Future in
 India?

10:40AM - 11:00AM



Dr. Parimal Swamy
 (Jabalpur)

Artificial Intelligence:
 How will it improve
 Diabetes Care?

11:00AM - 11:20AM



Dr. Mayur Agrawal
 (Bhopal)

Technology Adoption:
 Opportunity, Threats and
 Traps

11:20AM - 11:40AM



Dr. Raka Sheohare
 (Raipur)

Current State of Apps
 for Supporting Effective
 Diabetes Care

11:40AM - 12:00PM



Dr. Maluk Mohammed
 (Bengaluru)

Reversal of Diabetes:
 Using Whole body
 Twin Technology

12:00PM - 12:20PM



Dr. Kunal Jhaveri
 (Ahmedabad)

Role of Electronic Medical
 Records in Diabetes

12:20PM - 12:30PM



Discussion

12:30PM - 01:00PM

Valedictory Function in M. M. S. Ahuja Hall

01:00PM

Lunch

Day 4:
14th November, 2021 (Sunday)



49TH ANNUAL MEETING OF
 RESEARCH SOCIETY FOR THE
 STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

B. B. Tripathy Hall

Hypoglycemia Symposium

10:00AM - 12:30PM

Chair Persons:

Dr. Rutul Gokalani (Ahmedabad)
Dr. Kunal Jhaveri (Ahmedabad)

10:00AM - 10:20AM



Dr. Mahuya Sikdar
 (Bardhaman)

Hypoglycemia: A Barrier in
 Management of Type 2
 Diabetes

10:25AM - 10:45AM



Dr. TKM Easwar
 (Rajkot)

Assessment and Managemnt
 of Hypoglycemia in Children
 and Adolescent with Diabetes

10:50AM - 11:10AM



Dr. Saurabh Srivastav
 (Noida)

Hypoglycemia and
 Cognition in Elderly Type
 2 Diabetes

12:25PM - 12:30PM



Discussion

11:15AM - 11:35AM



Dr. Snehal Tanna
 (Mumbai)

Is Technology Useful to
 Prevent Hypoglycemia?

11:40AM - 12:00PM



Dr. Mayura Kale
 (Aurangabad)

Avoiding Hypoglycemia
 during Travel

12:05PM - 12:25PM



Dr. Surajdeep Sengupta
 (New Delhi)

Hypoglycemia in Fasting &
 Feasting

12:30PM - 01:00PM

Valedictory Function in M. M. S. Ahuja Hall

01:00PM

Lunch

Day 4:
14th November, 2021 (Sunday)



49TH ANNUAL MEETING OF
 RESEARCH SOCIETY FOR THE
 STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

Sam GP Moses Hall

Hotspots in Diabetes

10:00AM - 12:30PM

Chair Persons:
Dr. Mustufa Rangwala
 (Ahmedabad)
Dr. Manoj Vithalani (Ahmedabad)

10:00AM - 10:20AM



Dr. Isha Bansal
 (Hyderabad)

Diabetes Obesity
 and Cancer

10:25AM - 10:45AM



Dr. V. K. Abichandani
 (Ahmedabad)

DM & Hyperuricemia

10:50AM - 11:10AM



Dr. Ami Sanghvi
 (Mumbai)

Glycemic Pentad

12:25PM - 12:30PM



Discussion

11:15AM - 11:35AM



Dr. Manoj Chawla
 (Mumbai)

Diabetes & Oral Health

11:40AM - 12:00PM



Dr. S. S. Dariya
 (Jaipur)

NASH and T2DM

12:05PM - 12:25PM



Dr. Lotika Purohit
 (Mumbai)

Diabetes & Skin

12:30PM - 01:00PM

Valedictory Function in M. M. S. Ahuja Hall

01:00PM

Lunch

Day 4:
14th November, 2021 (Sunday)



49TH ANNUAL MEETING OF
 RESEARCH SOCIETY FOR THE
 STUDY OF DIABETES IN INDIA
RSSDI 2021 11TH - 14TH NOV, 2021

Dr. O. P. Gupta Hall

DSME Symposium

10:00AM - 12:30PM

Chair Persons:
Dr. Vidisha Patel (Ahmedabad)
Dr. Kaumudi Chennaswami
 (Ahmedabad)

10:00AM - 10:20AM



Dr. Dharmendra Panchal
 (Ahmedabad)

DSME: Concept &
 Components

10:25AM - 10:45AM



Dr. Parikshit Goswami
 (Himmatnagar)

The art of Communication:
 Key To Successful DSME

10:50AM - 11:10AM



Dr. Saurabh Mishra
 (Kanpur)

Educating Care givers for
 Type 1 Diabetes

12:25PM - 12:30PM



Discussion

11:15AM - 11:35AM



Dr. Jimit Vadgama
 (Surat)

Brief Motivational Strategies
 For the busy HCP

11:40AM - 12:00PM



Ms. Heti Varma
 (Ahmedabad)

Important Tips On Diet -
 A Must For Practicing
 Clinicians

12:05PM - 12:25PM



Dr. Vipul Chavda
 (Ahmedabad)

Exercise in Diabetes - Does
 One Size Fit All ?

12:30PM - 01:00PM

Valedictory Function in M. M. S. Ahuja Hall

01:00PM

Lunch



Announcing

1ST RSSDI RESEARCH RETREAT - PUNE

12th & 13th March 2022

An opportunity to -

- Present research papers
- Collaborate with fellow researchers
- Share ideas and thoughts on writing a research paper
- Networking and opportunity to meet mentors
- Look at opportunities for funding of research
- Participate in Workshops on Research Methodology, Formulating Research Ideas, Biostatistic Analysis and Data Sharing
- And many other subjects of interest



Click Here to Register

◆ www.rssdi-2021.com ◆ +91 9099331348/49 ◆ rssdinational2021@gmail.com

RSSDI Secretariat Address :

Aegle Clinic, A-11, Narsimha Hsg Society,
194, Boat Club Road Opp Citi Point, Pune, 411001
020 26160003 | +91 9823133669
rssdinational2021@gmail.com | www.rssdi.in

Managed by:



Rx Events

401, Shyamak Complex
Opp. Sahjanand College
Ambawadi, Ahmedabad
Gujarat 380015
Phone : +91 90993 31371/48/49
contact@rxevents.co.in
www.rxevents.co.in